

Golden Prairie Parent Link Centre is a community based resource focusing on Early Childhood Development for children ages 0-6 and their parents.

Parent Link Centres, funded by the Alberta Government, provide families with tools to ensure that children come to school ready to learn and ensure that parents have the support needed to help their children develop & fulfill their potential.

For more info, please call/text:

**Yvonne Markotic**  
Drumheller Family Coach  
Cell: 403-820-5157

**Margaret Manley**  
Parent Educator  
Cell: 403-334-0884

**Mariah Robinson**  
Kneehill Family Coach  
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Drumheller Parents and Tots  
Golden Prairie Parent Link Centre  
Drumheller FamilyCoach

Find us on Twitter

## January 2019 Drumheller & Morrin



**"It takes a village...  
to support a parent...  
to raise a child!"**

Serving Drumheller, Hanna  
Starland and Kneehill Areas

**PLAY! LEARN!  
CONNECT!**

**Yvonne Markotic**  
Cell: 403-820-5157  
Office-245 3rd St. W  
Main Level Elim Building

[drumheller@goldenprairieplc.ca](mailto:drumheller@goldenprairieplc.ca)



## FREE WEEKLY PROGRAMS

**Play & Roll** - Join Yvonne **Wednesdays** at the *Badlands Community Facility* and enjoy amazing equipment for young kids. Includes free play in the field house, stories, songs & snack in the library.

**Stay & Play** - **Tuesdays** downstairs at Elim Building (245 3 St. W.) Each week includes songs, finger plays, stories and free play, followed by 30 min. art, science, or gym.

**Munson Play** - Join Mariah weekly on **Wednesdays** at the Munson Hall for free play, stories, and songs!



We are very grateful to our local FCSS for their support



A checklist to give info on how your child is growing Find it ONLINE at our website or contact Yvonne for the forms or for further info.

Get activities and info that will be fun to do with your child for the next stage.

Do both the ASQ and ASQ-SE for a child and claim your \$10 grocery gift card!

It's CONFIDENTIAL! It's ACCURATE!

It is EASY! It's FREE!

For a limited time, claim your \$10 gift card if you fill out both forms for a child (ASQ and ASQ-SE)

### What is Triple P?

Triple P Positive Parenting provides parenting tools that are proven to work. **You** choose the strategies you need. **You** choose how you want to do it.

Ask for **Tip Sheets** - proven practical advice for children 0-12.

**NEW!** Ask about **Stepping Stones** - a group for parents that have children with disabilities

### TOP 5 TIPS FOR PARENTS

1. When your child wants to show you something, take time to connect with them.
2. Give your child lots of physical affection.
3. Talk to your child about things he/she is interested in and share parts of your day.
4. Tell your child when they do well, (e.g., "Thank you for doing what I asked straight away".)
5. Prevent misbehavior by providing lots of open-ended indoor and outdoor activities, e.g. playdough, colouring, cardboard boxes.

## January 2019 Early Childhood Calendar for Drumheller & Munson

For program information or parenting questions or concerns,  
Please call Yvonne at 403-820-5157 or email [drumheller@goldenprairieplc.ca](mailto:drumheller@goldenprairieplc.ca)

# January

### FREE Events

**Parent Link Family Play**  
Thursdays starting January 10, 6:00-7:00pm  
Elim Building Lower Level  
Parents and kids spend time together doing activities and crafts.

**Family Literacy Day Family Fun Event**  
Saturday January 26, 2:00-4:00pm  
Step right up and join in for 'A Silver and Gold CARNIVAL!' Children need to bring at least 16 Canadian coins or more. Fish pond, water games, treasure chest, beanbag toss, prizes & much, much more! Learn and PLAY every day! Please register by calling Kim at 403-823-1369.

**"Power of 4"**  
Starts January 11, 1:00-2:30pm  
Presented by Drumheller Family Literacy. This is a free literacy & parenting program which includes strategies to help your child be successful in kindergarten. Children must be ages 3 and up, siblings are welcome.  
Pre-register at 403-823-8300 ext-104.

### Coming Soon!

**Raising Confident, Competent, Children**  
February, 7<sup>th</sup>, 6:00-8:00pm - Elim Building  
(\$50 Value!) The seminar introduces 6 key building blocks that kids need to do well in life. These include showing respect, being cooperative, being considerate, becoming independent, having healthy self-esteem, & becoming a good problem solver. Supper included, childcare vouchers available. Call 403-820-5157 to register.

### Outside the Book

February 27, & March 6, 13, 20, & 27  
6:00-7:00pm Drumheller Library  
(\$100 value!) A creative enrichment program to engage you & your child (ages 4-6) in the magic of storytelling. Told through "draw & tell" stories, interactive stories, stories the children narrate, theater, & more!  
Call Yvonne at 403-820-5157 to register.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
Indoor Family Free Play Sponsored By: 	<b>Happy New Year!</b>	No Stay & Play	No Play & Roll Crafternoon EVERY WEDNESDAY at Drumheller Library	No Family Play 	EVERY FRIDAY at Drumheller Library Alphasaurus Storytime 10:00-11:00am & Friday Movies 1:30-3:30pm	Bricks & Books Drumheller Library 1-5pm All ages
6	7	8	9	10	11	12
Indoor Family Free Play @ BCF 2:00-4:00pm		No Stay & Play	No Play & Roll Munson Play Munson Hall 10:00-11:30am	Parent Link Family Play Elim Building 6:00-7:00pm Children's Rehab. Serv. Walk-In Clinic 2-5pm	Power of 4 Drumheller Family Literacy 1:00-2:30pm	Bricks & Books Drumheller Library 1-5pm
13	14	15	16	17	18	19
Indoor Family Free Play @ BCF 2:00-4:00pm		Stay & Play Elim Building 10:00-11:30am	Play & Roll Badland Community Facility (BCF) 10:00-11:30am Munson Play Munson Hall 10:00-11:30am	Circle Rhyme - 10:00-11:00am Baby Rhyme - 11:15-11:45am Presented By Drumheller Family Literacy Parent Link Family Play Elim Building 6:00-7:00pm	Power of 4 Drumheller Family Literacy 1:00-2:30pm	Bricks & Books Drumheller Library 1-5pm
20	21	22	23	24	25	26
Indoor Family Free Play @ BCF 2:00-4:00pm	 Read to your child every day.	Stay & Play Elim Building 10:00-11:30am	Play & Roll BCF 10:00-11:30am Munson Play Munson Hall 10:00-11:30am	Circle Rhyme - 10:00-11:00am Baby Rhyme - 11:15-11:45am Parent Link Family Play Elim Building 6:00-7:00pm	Power of 4 Drumheller Family Literacy 1:00-2:30pm	Family Literacy Day 2:00-4:00pm Bricks & Books Drumheller Library 1-5pm
27	28	29	30	31		
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