

Golden Prairie Parent Link Centre is a community planned resource focusing on Early Childhood Development for children ages 0-6 and their parents.

Parent Link Centres, funded by the Alberta Government, provide parents and their children with supports to ensure that children come to school ready to learn and ensure that parents have the supports needed to help their children develop and fulfill their potential.

For more info, please contact:

Yvonne Markotic
Drumheller Coordinator
Cell: 403-820-5157
Office: 823-1334

Kelley Leronowich
Kneehill Coordinator
Cell: 403-443-3253

Cori Amundrud,
Hanna Coordinator
cell: 403-857-9553

Glenda Stanger
Parent Educator cell 403-854-8800

www.parentlinkalberta.ca

February 2012
Drumheller

Golden Prairie



goldenprairieplc.ca

**"It takes a village...
to support a parent...
to raise a child!"**

Serving Drumheller, Hanna and
Kneehill Areas

**PLAY! LEARN!
CONNECT!**

Drumheller Office:

Yvonne Markotic

403-823-1334

Cell: 403-820-5157

Drumheller Civic Centre
224 Centre St

Drumheller, AB T0J 0Y0

Drumheller@goldenprairieplc.ca

Website:

www.goldenprairieplc.ca

Please Note:

The Drumheller "Stay & Play" program will no longer be in the Civic Center and will be moving to a new location to be announced. In the mean time families are invited to the Tuesday Rosedale, and the Thursday Morrin "Stay & Play" programs.

Please Check the Website for future location of the Drumheller "Stay & Play" Program. www.goldenprairieplc.ca

"Stay and Play" is a 6 week program in Rosedale and Morrin. Each week includes 30 min. of free play, 30 min. of songs, finger plays and stories; followed by 30 min. of art, science, gym time, or food experience.

For this session children and parents can participate in "gym time" with parachute games, toddler balls, hula hoops, obstacle courses and other physical activities.



Parenting Tips from Triple P™
Positive Parenting Program
(Dr. Matt Sanders)

Children need rules to know what is expected of them. As part of everyday life, children are more likely to learn to follow rules when they are:

- fair,
- easy to follow,
- not too many of them,
- positively stated, and you can
- back them up.

Have four or five basic house rules which you can consistently enforce. Rules should tell children what to do rather than what not to do such as 'Walk in the house', rather than 'Don't run'. However without consequences, the rules will mean nothing. When children disobey establish clear follow-up such as quiet time, cleaning up the mess or loss of privileges. More important, when children follow the rules, give them plenty of praise and encouragement, especially in the first few weeks. The younger the child the simpler the rules and consequences should be. An example of rules that are needed are those for children's safety such as: staying in the yard and always telling mom or dad where you are going. Other rules can relate to how everyone should treat each other. Children who learn to obey reasonable and fair house rules are often more cooperative and get along better with others.

Drumheller Monthly Schedule – February 2012

For Program information or parenting questions or concerns, please call our Yvonne at our office 403-823-1334

Yvonne 's cell:403-820-5157 or email drumheller@goldenprairieplc.ca

Events & Programs

Triple P Parenting Session 2

Raising Confident, Competent Children...

Feb. 16th, 5:30-8:00pm @ Civic Center

This introduces parents to the 6 key building blocks children needed to do well in life. These skills include showing respect, being cooperative, being considerate, becoming independent, having healthy self esteem, & becoming a good problem solver. Parent Link will provide babysitting & supper is included. Please **pre-register @ 823-1334**

Family Fun Event
@ the Royal Tyrrell Museum

February 11, 2-4pm
Fossil Casting & Fossil Painting
snack and story time
Registration begins January 23 and
Ends February 6

The Amazing Race Family Event

SATURDAY, FEBRUARY 11TH,
10:30 a.m.—3:30 p.m @ the Hall
Work together as a family to complete each of the challenges & after, join us at the **Morrin Community Hall** for lunch, face-painting & fun with "Wally Woo Hoo".
For info. or to reg. Ph: (403)772-3793
or Email: diana@starlandcounty.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			No Drumheller Program until announced Preschool Story Time 2:00pm@ Library	Morrin Stay and Play 10:00-11:30 Ground Hog Day	Preschool Storytime 10:00-11:00am @the Library \$3	
5	6	7	8	9	10	11
		Rosedale Stay and Play 10:00-11:30	No Drumheller Program until announced Preschool Story Time 2:00pm@ Library	Morrin Stay and Play 10:00-11:30	Preschool Storytime 10:00-11:00am @the Library \$3	*Morrin Amazing Race 10:00-3:30 *Family Fun Event @ the Royal Tyrrell Museum 2-4pm
12	13	14	15	16	17	18
		Rosedale Stay and Play 10:00-11:30 Valentines	No Drumheller Program until announced Preschool Story Time 2:00pm@ Library	Morrin Stay and Play 10:00-11:30 *Triple P Parenting Raising confident, competent children	Preschool Storytime 10:00-11:00am @the Library \$3	
19	20	21	22	23	24	25
	Family Day	No Rosedale program until March 6th	No Drumheller Program until announced Preschool Story Time 2:00pm@ Library	No Morrin program until March 8th	Preschool Storytime 10:00-11:00am @the Library \$3	
26	27	28	29			
		No Rosedale program until March 6th	No Drum. Program until announced. Preschool Story Time 2:00pm@ Library			*means that you should register by phoning Yvonne (403) 820-5157